





9am Sunday, September 30th * Union Park (down the street from the Main Library) Norwalk Public Library, 1 Belden Avenue, Norwalk, CT 06851

A USATF certified 5K course from the Main Library down a bike path, through Matthews Park, looping through South Norwalk to the South Norwalk Branch Library and back. Prizes will be given to the top three men and women in each age group. A 50-yard kid's fun run will begin at 8:55. No registration required and every child receives a prize! Post race refreshments and entertainment provided. Facilities are limited!

Register online or at https://www.raceit.com/register/?event=1567. \$14 preregistration, \$15 to register by mail (cash or check only), \$10 for city employees, \$6 for students, \$20 for everyone to register the day of the race.

Fill out the entry form below and send to: Run Between the Libraries, Norwalk Public Library, 1 Belden Avenue, Norwalk, CT 06850 with a \$15 check (or \$6 for students) made payable to Norwalk Public Library.

PLEASE PRINT CLEARLY!

First Name			Last Name				T-Shir	T-Shirt Size (Circle one)			
							S	М	L	XL	
Sex	Age	DOB		email address – Print Clearly!							
Address											
City					State	ZIP					

I know that running in a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I for myself and anyone entitled to act on my behalf, waive and release the race organizers, the cities and towns in which this event is held, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. Parent's signature is required if applicant is under 18 years of age.

SIGN HERE X	DATE
SIGN HERE A	DAIE