Norwalk Public Library Main Children's - 203-899-2780 Ext. 15131 February 2013

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---|--|--|---|---|
| , | | , | , | , | 1 Family Storytime 10 am | 2 ♥ TAKE YOUR CHILD TO THE LIBRARY FOR NORWALK HAS HEART DAY! |
| | | | | | Story & Crafts 4 pm | ♥ Quilting loom with Peace by Piece 10 am - 1 pm |
| | | | | | | Valentine's Day card-making10 am − 1 pm |
| | | | | | | ♥ Handprints and painting fabric 10 am - 4 pm |
| | | | | | | ♥ Valentine Music & Movement 10 am - 11 am |
| | | | | | | Chess for Kids 10:30 am |
| | | | | | | ♥ Bilingual Storytime 11:30 am |
| | | | | | | ♥ Books of Hope 1 pm - 4 - pm |
| | | | | | | ♥ Hula Hoops 3 pm |
| 3 | Zumba for Kids & Parents 5 pm Zumba for Teens & Adults 6 pm | 5 Tunes & Tales 10 am | 6 Story & Crafts 4 pm | 7 Tunes & Tales 10 am Lego Club 4pm* Healthy Resolutions | 8 Family Concert with Dierdre 10 am | 9 Music & Movement |
| | | Lapsit Storytime 11:30 am | ne Yoga for Kids (Ages 3+) & Parents 5 pm | | | 10 am or 10:40 am Chess for Kids 10:30 am |
| | | Mad Science 4 pm* | Yoga for Teens/Adults 6 pm | with Dr. Zembroski 7 pm | Story & Crafts 4pm | Bilingual Storytime 11:30 am |
| 10 | Tumba for Kids & Parents 5 pm Zumba for Teens & Adults 6 pm | Tunes & Tales 10 am Lapsit Storytime 11:30 am | 13 Story & Crafts 4 pm Yoga for Kids (Ages 3+) & Parents 5 pm | Tunes & Tales 10am Lego Club 4pm* | Family Play - Storybook Yoga 10am Story & Crafts 4pm | Music & Movement 10 am or 10:40 am |
| | | Mad Science 4pm* | Yoga for Teens/Adults 6 pm | | | Bilingual Storytime 11:30am |
| 17 | President's Day Closed | 19 Tunes & Tales 10 am Lapsit Storytime | 20 Story & Crafts 4 pm Writers Club 4 pm | Tunes & Tales 10am Lego Club 4pm* 22 Family Storytime 10 am Story & Crafts 4 pm | Family Storytime | 23 Music & Movement 10 am or 10:40 am |
| | | 11:30 am Mad Science 4pm* | Yoga for Kids (Ages 3+) & Parents 5 pm | | | Chess for Kids 10:30 am Bilingual Storytime |
| | | | Yoga for Teens/Adults 6 pm | | | 11:30 am |
| 24 | Zumba for Kids & Parents 5 pm Zumba for Teens & Adults 6 pm | 26 Tunes & Tales 10 am | 27 Stony & Crafts 4 pm | 28 Tunes & Tales 10am | | |
| | | Lapsit Storytime | Story & Crafts 4 pm Yoga for Kids (Ages 3+) & Parents 5 pm | Lego Club 4pm* | | |
| | | Mad Science 4pm* | Yoga for Teens/Adults 6 pm | | | |
| | 1 | | | l . | I | 1 |

DOORS WILL CLOSE 10 MINUTES AFTER THE START OF EACH PROGRAM AND NO ONE WILL BE ADMITTED INTO THE PROGRAM AFTER THAT TIME, EXCEPT MAD SCIENCE WHICH BEGINS PROMPTLY AT 4 pm. * LIMITED SPACE IN THESE PROGRAMS.

Norwalk Public Library Main Children's - 203-899-2780 Ext. 15131 February 2013

Healthy Minds, Healthy Bodies Norwalk Public Library's Healthy Minds, Healthy Bodies Initiative. Sponsored by FactSet



<u>Healthy Resolutions</u>: continues on Thursday, February 7th with Dr. Zembroski who will speak on The Truth about Heart Disease & Diet for grown-ups- how you can change your eating habits and keep your heart healthy.

<u>Yoga – Children & Parents</u> - Wednesdays 5 pm: Get stretching during this Yoga class taught by teachers from Saraswati's Yoga Joint! The class is open to children ages 3 to 12 and their parents or caregivers. No registration necessary but the program is limited to the first 80 people who arrive. Be sure to bring some water to stay hydrated and a yoga mat or towel. (Disclaimer: If your child is restless during the class, please bring them over to the coloring table for a quiet activity so that the rest of the class in not disrupted.)

<u>Yoga – Adults & Teens</u> - Wednesdays 6 pm: Get stretching during this Yoga class taught by teachers from Saraswati's Yoga Joint! The class is open to adults and teens ages 13 and up. No registration necessary but the program is limited to the first 80 people who arrive. Be sure to bring some water to stay hydrated and a yoga mat or towel.

<u>Zumba – Children & Parents</u> - Mondays 5 pm: Move and groove to some fun and upbeat music in this Zumba class run by Karen for children ages 3-12 and their parents! No registration necessary but the program is limited to the first 80 people who arrive. Be sure to bring some water to stay hydrated.

<u>Zumba – Adults & Teens</u> - Mondays 6 pm: Move and groove to some fun and upbeat music in this Zumba class run by Karen for adults and teens ages 13 and up! No registration necessary but the program is limited to the first 80 people who arrive. Be sure to bring some water to stay hydrated.

Bilingual Storytime (Spanish/English): Saturdays at 11:30 am We will read books, sing songs and do rhymes in both Spanish and English.

<u>Children's Chess</u> for <u>Kids</u>: Saturdays - Free chess program open to all school age children during school year. Contact Chris Potts at 203-847-5824 or <u>harrypatzer@optonline.net</u>

<u>Family Concerts with Dierdre</u> - 10 am - Clap, sing and dance along with Miss Deirdre and her lively and interactive music program – open to kids of all ages and their caregivers.

Family Play – Storybook Yoga

Parents and children of all ages will enjoy an interactive look through some of their favorite picture books with fun yoga moves and games.

<u>Family Storytimes</u> 10 am - Bring in the whole family to enjoy stories, music, rhymes and movement together. The program is meant for children birth to age 5 and their caregivers!

*Lego Club: School-age children (Kindergarten through 5th grade) may come in to build exciting Lego creations on Thursday afternoons at 4pm.

LIMITED TO A MAXIMUM OF 20 CHILDREN. No registration but tickets will be handed out starting at 3:30pm.

*Mad Science - For the curious elementary school-age child (K-5th grade). Join in the hands-on fun with lots of experiments to learn about different scientific principles.

MAXIMUM OF 20 CHILDREN! No registration but tickets will be handed out beginning at 3:30 pm each Tuesday. Starts promptly at 4 pm.

Music & Movement: Saturdays - Families with children birth to age 5 can come for a fun interactive music class at the 10 am or 10:40 am class.

Story & Crafts: 4:00 pm Children of all ages and their caregivers may come for a short story and craft on either Wednesday or Friday afternoon! No registration necessary.

Storytimes: Lapsit - 11:30 am - Stories, tunes & rhymes for infants not yet walking and their caregivers.

There will be free play following the short storytime so parents and caregiver can meet others with children of a similar age.

<u>Tunes & Tales</u> -Tuesdays or Thursdays at 10am. For children ages 3 and under to enjoy interactive stories, songs and games that encourage their emerging language skills followed by playtime! A caregiver must be present. Limited to the first 20 children who arrive; stop by the front desk to pick up your nametag before 10am.

▼Take Your Child to the Library for Norwalk Has Heart Day

Stop in Saturday, February 2nd between 10 am and 4 pm to take part in the fun! Thank you Pepperidge Farm for the Goldfish treats!

We will be creating a wall hanging to complement our Norwalk Has Heart guilt, creating Valentine's Day cards, offering treats, and more! Light snacks will be served!

- ▼ 10 am 4 pm: Handprints and painting fabric for artwork that will hang on either side of the quilt
- ▼ 10 am 1 pm: Quilting loom with Peace by Piece
- ▼ 10 am 1 pm: Valentine's Day card-making station
- **▼** 10 am 11 am: Valentine Music & Movement
- **▼** 11:30 am: **Bilingual Storytime**
- ▼ 1:00 pm 4:00 pm: **Books of Hope**
- ▼ 3 pm: Hula Hooping Children ages 3 to 12 can come in to learn how to do some cool hula hooping tricks. Hula hoops will be provided!

Part of Take Your Child to the Library for Norwalk Has Heart Day and a Healthy Minds, Healthy Bodies initiative.

<u>Writers Club</u>: 3rd Wednesday of each month at 4 pm to 5:15 pm. A monthly writing club for Children ages 8 - 12. Students will learn a variety of writing formats, write their own stories, poems, essays, and articles. Join us for fun lessons on characterization and meet real authors. This is a drop-in program limited to the first 25 to arrive.

DOORS WILL CLOSE 10 MINUTES AFTER THE START OF EACH PROGRAM AND NO ONE WILL BE ADMITTED INTO THE PROGRAM AFTER THAT TIME, EXCEPT MAD SCIENCE WHICH BEGINS PROMPTLY AT 4 pm. * LIMITED SPACE IN THESE PROGRAMS.